

Dr. Watkins is a licensed physical therapist who has worked in the Boston area in acute care, orthopedics and homecare for over 25 years. She is an Associate Clinical Professor in the Physical Therapy Department at Northeastern, she teaches entry-level and advanced musculoskeletal, women's health, health administration and integument content. Her research focuses on the scholarship of teaching and learning to include ultrasound imaging, injury prevention and the role of wellness in physical therapy. Dr. Watkins has presented educational sessions at many international, national, and state professional conferences. She earned her BSPT and tDPT at Northeastern University, Boston, MA and her MBA from Anna Maria College in Paxton, MA. She is certified in Musculoskeletal Ultrasound Imaging, a Board-Certified Clinical Specialist in Orthopedics and is a licensed massage therapist with a certification in the Graston Technique.